



Watch out for **bears in the area!**

Bears are commonly found in Fukushima Prefecture, particularly in mountainous areas of Aizu and western Nakadori(Central) Region.

Before going outdoors, check whether the area is known to have bears.

Carry a bear bell and take other precautions to avoid unexpected encounters.



Where and When Bears Are Commonly Encountered



During Hiking



During Morning and Evening Walks



Forest Edges and Near Dense Underbrush



Riverbanks



What You Can Do to Avoid Meeting Bears

1 Check for the latest bear sighting information.

Make sure you know where bears are.

Check “POLICE Mail Fukushima” alerts and the Prefecture’s Bear Sighting Maps to identify common bear areas before going outdoors.

View the Bear Sighting Map here ↓



Fukushima Prefecture Official Website

2 Bring bear bells, radios or other noise-making items with you.

In areas where bears are present, **carry bear bells, radios or other noise-making items** to let bears know you are around.



Bear bells are available for loan at Prefectural Development Bureaus.

3 Go in groups and carry a bear bell or other device when hiking or walking in the early morning or evening.

Bears are most active in early morning and evening. Take extra caution during these hours. Avoid approaching areas with dense bushes or poor visibility, as bears may suddenly appear.

4 If you encounter a bear...

If you encounter a bear, stay calm and slowly back away without provoking it.

Mother bears with cubs Can be extremely dangerous, so never approach them.